



Jim Frankenfield

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Safety Policies

Your behavior and actions can affect the level of risk for the others in the group as well as yourself. Therefore you are expected to follow these policies:

- Arrive prepared for the activity, having all equipment and clothing needed. If you are not sure what is needed, or have questions, ask in advance.
- Do not undertake an activity that you are not physically prepared for. If you are not sure whether or not your level of fitness is sufficient please discuss this privately prior to the activity.
- If you do not feel well for any reason, but particularly from the heat or cold, bring this to my attention or to the attention of any assistant immediately.
- If anything happens to any equipment, whether it is yours or has been provided, which may have an impact on its function or lifespan bring it to the attention of any assistant or myself immediately. You will not be held responsible or be penalized in any way for any unintentional damage - so please don't try to hide or ignore it.
- It may be assumed in certain situations that you already know how to use certain equipment. If this is not the case please indicate so and inquire about proper use.
- Stay within sight of the rest of the group, and of myself in particular, at all times unless you have indicated where you will be and received approval first.
- Follow all instructions given by an assistant or myself. If you have questions or concerns speak up as soon as they arise. You will not be penalized in any way for this.
- Do not use drugs or alcohol during the activity.
- *Use common sense!*

Additional policies which are particular to a certain activity or route may be discussed at the beginning of your trip or class. This may include such things as winter travel safety, glacier hazards, working near ropes under great tension, etc.